Lovelady ISD
School Health Advisory Council Agenda
Wednesday, October 14, 2026
10:00 a.m. – Elementary Library

I. Opening Remarks and Introductions

II. Introduction of SHAC Committee Members – Board Approved September 21, 2026

- Introduce SHAC committee members
- Confirm parent, student, school personnel, and community representation
- Review SHAC membership and roles

III. Discuss the Roles and Responsibilities of the SHAC and Wellness Policies – FFA (LEGAL) & FFA (LOCAL)

Role of the SHAC Members

The School Health Advisory Council (SHAC), made up of school personnel, community members, parents, and students, is designed to serve in an advisory capacity to the Superintendent regarding coordinated school health programming, including nutrition, physical activity, health education, health services, mental health and wellness, safety, and substance abuse prevention.

The SHAC meets at least four times each school year and provides recommendations to the district regarding student health, wellness, health education, physical activity, nutrition, and related programs.

IV. Review and Approve Minutes from Previous Meeting

V. General Updates – School Personnel

a) Nurse McKnight – Student Health Services Update
b) Administration & School Personnel – Health Education and Physical Education Curriculum Updates
c) Ms. Mosley & Mrs. Stone – Child Nutrition and Wellness Updates
d) Chief Merchant – School Safety and Security Update
e) Counseling/Mental Health and Student Wellness Update

VI. General Updates – Students & Parents

- Student health and wellness concerns

- Parent/student input regarding health and wellness
- Recommendations for SHAC consideration

VII. General Updates – Community Members

- Community health and wellness resources
- Community partnerships and opportunities
- Recommendations for SHAC consideration

VIII. Review of Local Wellness Policy and Wellness Plan

- Review implementation of the Local Wellness Policy
- Review current wellness goals and progress
- Identify areas needing improvement
- Discuss recommendations for the 2026–2027 school year

IX. Triennial Assessment of the Local Wellness Policy

- Review and/or complete the required Triennial Assessment
- Review implementation and compliance with the Local Wellness Policy
- Review progress toward wellness goals
- Identify areas of strength and areas for improvement
- Develop recommendations and action steps based on assessment results
- Discuss communication/public availability of assessment results

X. Physical Fitness, Physical Activity & Student Wellness Update

- Review physical fitness information and activities
- Discuss opportunities to increase student physical activity
- Review current student health and wellness initiatives

XI. Plan and Schedule Health & Wellness Activities for the 2026–2027 School Year

- Identify health and wellness activities/programs for students
- Identify nutrition and physical activity initiatives
- Identify mental health and social-emotional wellness activities

- Identify health education and prevention activities
- Identify parent/community wellness activities
- Identify responsible staff members and community partners
- Establish tentative dates and timelines for 2026–2027 activities

XII. Health Education and Prevention Requirements

- Review health education curriculum and needs
- Discuss opioid/fentanyl and substance abuse prevention education
- Discuss child abuse, family violence, and dating violence prevention education
- Discuss human trafficking/sex trafficking prevention education
- Review grade-level appropriateness and instructional needs
- Develop recommendations as appropriate

XIII. SHAC Recommendations and Action Items

- Review recommendations developed during the meeting
- Identify items requiring administrative or Board consideration
- Assign responsible people and timelines for follow-up
- Document motions, votes, decisions, and other actions taken

XIV. Questions and Comments / Topics for Future Meetings

XV. Next Meeting Dates

- Confirm remaining SHAC meeting dates for 2026–2027
- Ensure the SHAC meets at least four times during the school year
- Discuss topics for upcoming meetings

Next Meeting:
Date: January 13, 2026 **Time:** 10:00 am
Location: Elementary Library

XVI. Adjourn Meeting

Time: _____